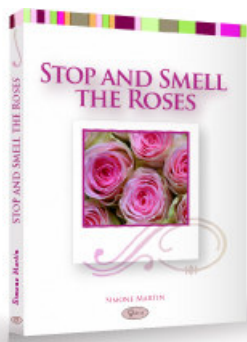




The Outfit Tip Kit: Prioritise Your Life

Outcomes that Fit Your Needs



We can all list the things that are really important in life, but they can often get lost in the confusion of everyday activities.

 For each of the Life Areas listed below, identify how important it is to you (10 is highly important.)

 Now estimate how much of your time you spend devoted to enjoying and growing the Life Area (100% is total commitment!)



Life Areas	Importance 10 (High) - 1 (Low)	Time Commitment 100% (Total) - 0% (None)
Health & Fitness		
Family & Home		
Money & Career		
Society & Culture		
Emotions & Spirit		
Intellect & Education		

The Life Area that is the most out of balance is the one that has a high importance, but a low % of commitment.

List below the ways you might make this Life Area more of a priority:

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Outfit Life Skills is a sister company to Outfit Inspirations. It provides tailored training & development opportunities for women. To find out more about the services Outfit Life Skills provides, please visit us at www.outfitlifefirst.com

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“Things which matter the most must never be at the mercy of things which matter the least.”
Goethe

