



Change Your Tune

My Outfit Inspirations Affirmations



1. I believe that change is part of a rich and rewarding life
2. I recognise that change is positive and that change starts with me
3. I will overcome my natural resistance to unexpected changes
4. I know that by embracing change, other opportunities will arise



* Download your free 'Affirmation Cards' from www.outfitinspirations.com and create your own inspirational affirmations.

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